

Activity Risk Assessment: Ghyll Scrambling & Gorge Walking

Adventure Hunter recognises that using suitably qualified and experienced Instructors reduces the risks of the activity. We always use instructors who are suitably trained and qualified and who are aware of the relevant emergency procedures. We also work within industry-recognised instructor-to-participant ratios for the activity.

- Instructors must hold the following qualification as a minimum requirement: Mountain Leader (summer); Rock Climbing Instructor (formally Single Pitch Award); Outdoor First Aid (2-day)
- Participants must be 18+ unless accompanied by a parent/carer
- Maximum Instructor to Participant Ratio: 1:12

Identified Hazard	Who it effects	Unmanaged Risk	Control Measures	Managed Risk
Deep Water	Group & Instructors	Possible Serious Medium (4)	Instructors should establish swimming confidence of participants before the activity. Buoyancy aids must be used if there are sections of 'out of depth' swimming.	Unlikely Serious Low (2)
Injury from jumps/slides into water	Group & Instructors	Possible Serious Medium (4)	Pools must be entered feet first and briefings given on different jumps/slides. Pools must be checked prior to use and must be re-assessed after adverse weather. Instructors must be suitably trained and carry a first aid kit and mobile phone.	Unlikely Serious Low (2)
Falling from scramble or steep section	Group & Instructors	Possible Serious Medium (4)	Instructors must manage and brief the group appropriately and consider all possible consequences. Safeguarding the whole group using recognised techniques (spotting; rope techniques if appropriate). Helmets must be worn.	Unlikely Serious Low (2)
Spate conditions	Group & Instructors	Possible Serious Medium (4)	Weather forecasts and current/recent water levels must be checked. Run-off speeds associated with local hydrology must be considered. Man-made water flow control measures (such as dam releases) must be checked if applicable. Instructors must constantly monitor and consider the consequences of participants being swept off their feet by powerful flow conditions and stop the session if it is unmanageable.	Unlikely Serious Low (2)

Injury from falling objects	Group, Instructors & Third Parties	Unlikely Fatal Medium (3)	Helmets must be worn throughout the duration of the activity. Care must be taken during/after adverse weather. Instructors must have valid first training and carry an appropriate first aid kit, group shelter, radio and mobile phone.	Unlikely Serious Low (2)
Injury from ill fitting equipment	Group & Instructors	Possible Serious Medium (4)	Instructor must check and allocate the correct size equipment and ensure it fits properly for all participants before the activity starts.	Unlikely Serious Low (2)
Other major injuries or incidents	Group & Instructors	Possible Fatal High (6)	Instructors must brief and demonstrate safe and efficient movement and monitor the group continuously. Instructors must also be aware of any pre-existing medical conditions within the group and management strategies. Instructors must have valid first aid training and carry a first aid kit and mobile phone at all times.	Unlikely Serious Low (2)
Entanglement/ Entrapment	Group & Instructors	Possible Serious Medium (4)	Long hair should be tied back and jewellery/loose clothing must be removed/taped over. Instructors' briefs must highlight the hazard.	Unlikely Serious Low (2)
Minor trips, slips & falls	Group & Instructors	Probable Serious High (6)	Appropriate footwear must be used and checked by instructors. Vigilance from the instructor/s who must monitor participant's movement. Good group management skills must be demonstrated. First Aid kit, mobile phone and group shelter must be carried and available if required.	Possible Minor Low (2)
Exposure related: Hyperthermia/ Hypothermia/ Sunstroke/ Dehydration	Group & Instructors	Possible Fatal High (6)	Groups must be suitably clothed and equipped for the activity. Instructors must be suitably trained and able to recognise and deal with signs of exposure. Carry spare warm clothing/group shelter and plenty of water and sun cream on hot and sunny days.	Unlikely Serious Low (2)

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